



## INTRODUCING SMART90!

As part of your plan managed by Express Scripts through CEBCO, you can get a three-month supply of long-term medicines through home delivery from the Express Scripts Pharmacy<sup>SM</sup> or from any retail CVS<sup>TM</sup>. **This benefit is effective January 1, 2019.**

Getting a single three-month supply saves you money over three one-month supplies. Plus, you'll make fewer trips to the pharmacy and you'll be less likely to miss a dose since you won't have to refill as often. Below are some frequently asked questions about filling your long-term medications.

### **Q. What is a long-term medicine?**

A. A long-term medicine is one you take regularly to treat conditions such as high blood pressure, diabetes, or high cholesterol.

### **Q. What happens if I keep filling my long-term medicine like I'm doing now?**

A. Per your plan, if you are filling a one-month supply at CVS or any retail pharmacy instead of a three-month supply, you could miss out on savings.

### **Q. Why is a three-month supply better with long-term medicine?**

A. With a three-month supply, **you're less likely to miss a dose, which can keep you healthier. Also, you don't have to refill as often, which can save you time and money.**

### **Q. How do I get a three-month supply of my medicine?**

A. You can have the Express Scripts Pharmacy deliver it (with FREE standard shipping) by visiting [express-scripts.com/3month](http://express-scripts.com/3month), or you can get it from most CVS retail locations.

### **Q. How can I find a retail pharmacy that fills a three-month supply?**

A. Log in or register at [express-scripts.com/3month](http://express-scripts.com/3month), select "Prescriptions," and click "Find a Pharmacy" to find your closest pharmacy that fills three-month supplies.

### **Q. How do I get my medicine delivered from the Express Scripts Pharmacy?**

A. Go to [express-scripts.com/3month](http://express-scripts.com/3month), choose the medicine you want delivered, add it to your cart, then check out. You may also call Express Scripts at **1-866-832-9250** and they will assist you.

They will work with your doctor to get you set up, and there's no additional cost to you. Your medicine will be delivered in a confidential, tamper-evident, weather-resistant package.

### **Q. How soon will my medicine be delivered after it's ordered?**

A. Orders are usually processed within 48 hours from when they are received. Your medicine should be delivered in about 8 days (10 to 14 days if it's a new prescription). Please have a one-month supply of your medicine on hand when you place your order. You can check your order status by going online anytime.

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