

# YOUTH ARE THE TARGET

ARE YOU READY TO QUIT VAPING?

MY LIFE  MY QUIT™

Free Ohio Quitline **1-855-891-9989** Call or Text  
Visit [mylifemyquit.com](http://mylifemyquit.com)

# 1-800-QUIT-NOW

Free to all Ohioans

Texting option available

Pregnancy Programming



**truth initiative**®

INSPIRING TOBACCO-FREE LIVES

You can quit JUULING. Text **DITCHJUUL** to **88709** for help

**smokefree**teen

Visit [teen.smokefree.gov](http://teen.smokefree.gov)

Free Texting Services

Download the FREE **quitSTART** App

For more information visit: [www.delawarehealth.org/tobacco-free-delaware-county](http://www.delawarehealth.org/tobacco-free-delaware-county)



# EDUCATOR RESOURCES

## For Vaping Prevention & Cessation



Alternative to School Suspension Program  
Visit [mylifemyquit.com](http://mylifemyquit.com)



Know the RISKS: A Youth Guide to E-cigarettes  
Youth & Adult Resources



E-cigarettes and Vaping Resource  
Elementary - Middle - High School  
Training Resources Available



E-cigarette & JUUL Prevention Program  
Grades 5-12 Training Resources Available



Tobacco Prevention Toolkit Educational Curriculum  
Middle & High School Training Resources Available  
Alternative to School Suspension Program

For more information visit: [www.delawarehealth.org/tobacco-free-delaware-county](http://www.delawarehealth.org/tobacco-free-delaware-county)

# YOU CAN QUIT!

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Youth Resources    Nicotine Replacement Therapy

## ADULT Tobacco Cessation



Tobacco Cessation Program  
Nicotine replacement  
Call 740-615-2518



Become AnEX  
Call or text options  
Smoking or Vaping  
Visit [becomeanex.org](http://becomeanex.org)

## PARENT Vaping Resources



Starting the conversation  
E-Cigarettes & Young People



Education on: WHAT IS JUUL?  
Rising E-Cigarette Popularity

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# E-Cigarette & Vaping Resources

## For Healthcare Providers



JUULing: What Pediatricians  
and Families Need to Know  
E-Cigarette Fact Sheet for Physicians



Clinical Action Communication  
Regarding Unexplained  
Vaping-Associated Pulmonary Illness

**Ohio** | Department of  
Medicaid

Medicaid Billing for  
Tobacco Cessation Treatment

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