



NEW WELLNESS PROGRAM KICKS OFF October 1, 2021

HOW TO COMPLETE

- Log into your account at portal.healthworksdata.com
- You may be required to complete certain activities to earn an incentive. Go to the Health Activity Tracker (HAT) to see what criteria applies to you!

ELIGIBILITY

- All employees and spouses with active CEBCO insurance coverage are eligible and encouraged to participate in this year's voluntary wellness program.

INCENTIVES

- Varies by county/employer. Please contact the entity you are eligible through for information about what incentive(s) may be available to you!

NEW THIS YEAR

- No more entering points!
- Online challenges with the option to sync wearable devices!

IMPORTANT DATES

- Activities count from 8-14-21 to 8-12-22 with the exception of the screening & physical which count from 8-13-21 to 8-11-22.
- Last day to self-report activities or return any forms is 8-12-22.
- Schedule your annual physical now to be sure you can be seen by 8-11-22!

QUESTIONS?

- Contact HealthWorks via email at CEBCOwellness@cincyhealthworks.com or by phone at 513-751-1288. Please leave a message for a returned call.

To Your Health & Wellbeing!