# **Health & Wellness Information**

Start Here

# Delaware County Resources

# employee NAVIGATOR Scan me!

## **Employee Navigator**

Employee Navigator allows you to log in and view your benefits, your covered family members, request changes or updates to your plans due to mid-year qualifying events and make your annual open enrollment changes.

https://www.employeenavigator.com/benefits/Account/Login

### **Delaware County Website**

The Delaware County website houses benefit information located under Government – Offices and Agencies – Human Resources – Benefits. Here you can find out what carriers provide your coverage, view plan information, Frequently Asked Questions and find links to further information.



2024





https://humanresources.co.delaware.oh.us/

#### Great Resources



# Sydney Health

The Sydney app allows you to find care, compare costs, see what is covered and check claims. It also gives access to the Wellness & Cebco Rewards 200 programs. It is a great resource to save money and keep insurance cards organized digitally.

https://www.sydneyhealth.com/

# Live Health Online

All family members under your health insurance plan are eligible to use the Livehealth Online benefit to get 24/7 access to board certified doctors through your phone at no cost to you. Get the care you need without having to leave your house with a secure private video, and have prescriptions sent to your pharmacy for convenient pick up.



# Pro Tip: Install the Apps before you need them!



### Garner

Garner is your free health benefit that helps you find top-performing doctors and pays a portion of your out-of-pocket medical bills.

### https://www.getgarner.com/