

DELAWARE COUNTY WELLNESS PROGRAM

CEBCO REWARDS 200 PROGRAM

July 1, 2025 - June 30, 2026

NEW COMPLETION DATE

At Delaware County, we believe that the health and wellness of our employees and their family members is a top priority. To demonstrate this commitment to well-being, employees and spouses who are covered under the County's health insurance plan are invited to participate in the voluntary annual Wellness Program.

There are two ways to earn wellness program incentives.

1. Through completion of the County's wellness program to earn **potential Health Insurance incentives** on the employee's health insurance contribution the following plan year (in 2027).
2. Through additional monetary incentives available through the CEBCO Rewards 200 program.

Potential Health Insurance Incentives in 2026:

To earn a potential Health Insurance incentive for the 2027 health insurance coverage year, the following requirements must be completed for each employee, and covered spouse if applicable, under Delaware County's health insurance plan.

- Complete a routine physical / wellness exam, including routine blood / lab work, with your primary care physician.
- Complete a Health Assessment online through Anthem.com or through the Sydney application. (*The Health Profile is also called My Health Check-In and Health Assessment.*)
- Attend an informational session *Insurance Benefits-Did You Know?* that will be offered at in-person locations in early 2026. A recorded session will also be available online. This is an employee-only requirement. Spouses are not required to fulfill this requirement but are welcome to do so. This requirement will be tracked internally, it will not show on the Anthem website or Sydney app.

***PLEASE NOTE:**

- 1. Health Insurance incentives are discretionary and are not guaranteed. Plan designs, and employee contributions including premium reductions are reviewed and determined on an annual basis after careful consideration of the County's overall renewal with CEBCO and the available funds toward the County's benefit package.*
- 2. Savings and incentives will vary depending on which plan tier the employee has selected.*
- 3. Eligibility for the County's wellness incentive will be verified prior to the County's Open Enrollment process in 2026.*
- 4. Participation in the Delaware County Wellness Program and the CEBCO Rewards 200 Program is strictly voluntary for all employees and covered spouses who participate in the County's health insurance plan.*
- 5. There are NO FORMS to submit for the routine physical and blood / lab work due to this being a claims based program with Anthem.*
- 6. Participants will be able to view most completed activities through Anthem.com or the Sydney app. Attendance at the Informational Benefits Session will be tracked by the County.*
- 7. Spouses must have a separate login to see their completed activities and to complete their Health Assessment.*

CEBCO Rewards 200

Additional Incentives Available for Wellness Activities:

Employees and covered spouses each have the ability to earn up to \$200 in gift cards through Anthem during the program year by obtaining health and wellness services and completing certain activities. Details and information on this program are listed throughout the remainder of this document and in a [flyer from Anthem](#).

The current CEBCO Rewards 200 [Wellness Program](#) runs July 1, 2025, to June 30, 2026.

Wellness activities must be completed within this time period to count towards completion.

- Anthem will administer the rewards program that incentivizes completion of various wellness activities. Rewards will be tracked by Anthem online at [Anthem.com](https://www.anthem.com) or through the Sydney app and can be earned for completing certain preventive care activities (annual wellness exam, A1c and Cholesterol screenings, mammogram, logging active minutes, condition care, etc.) Please note that certain screenings are age specific and condition specific and are identified in the Sydney app and through Anthem.com.

Additional wellness activities that earn rewards include but are not limited to logging in to the Sydney app, taking a Health Assessment and completing team challenges.

- A member's unique Anthem account will serve as their individualized hub for wellness information and program rewards. Other health challenges will also be available in January 2026. Please watch for related announcements.
- Covered members will automatically receive credit for any qualifying claims-based services they've received since the program start date of July 1, 2025, (or from the effective date of their insurance, if it falls after the program start), as well as completion of a qualifying condition management or digital activity. Rewards will not appear on the Anthem website or Sydney app until the related claim is processed or the activity is completed.
- Once rewards are earned, they can be redeemed for digital gift cards at several retailers, including Mastercard, Apple, Amazon, Gap, Home Depot, Target, and TJ Maxx. **There is no need to self-report wellness activities or submit forms to verify completion of wellness activities.**

ELECTIVE ACTIVITIES

It's up to you! Participants can choose the other rewardable activities to complete, based on their interests and lifestyle. A total of up to \$200 each, for the employee and spouse, in rewards are available during the wellness program year.

Click [HERE](#) for a complete list of possible wellness activities that may be completed, how they are tracked, and the reward values that can be earned!