



Preventive care services covered with no member cost-share (updated December 2021)

The Affordable Care Act (ACA) requires Anthem Blue Cross and Blue Shield (Anthem) to cover certain preventive care services with no member cost-sharing (copayments, deductibles, or coinsurance) when provided by in-network providers.¹ Cost-sharing requirements may apply to preventive care services received from out-of-network providers.

The list below shares an overview of services, drugs, laboratory and pharmacy items covered by Anthem under preventive care benefits.¹ Services listed may not be appropriate for all members, as some may be covered based on member age and health condition(s). **These benefits may not apply to grandfathered health plans. Providers should continue to verify eligibility and benefits for all members prior to providing services or receiving member copayments, deductibles, or coinsurance.**

Adult preventive care

Preventive physical exams, screenings, and tests:

- Alcohol misuse: related screening and behavioral counseling
- Aortic aneurysm screening (for men who have smoked)
- Behavioral counseling to promote a healthy diet
- Blood pressure
- Bone density test to screen for osteoporosis
- Cholesterol and lipid (fat) level
- Colorectal cancer, including fecal occult blood test, barium enema, flexible sigmoidoscopy, screening colonoscopy and related prep kit, and computed tomography (CT) colonography (as appropriate)²
- Depression screening
- Hepatitis B virus (HBV) screening for people at increased risk of infection
- Hepatitis C virus (HCV) screening
- Type 2 diabetes screening³
- Eye chart test for vision⁴
- Hearing screening
- Height, weight and body mass index (BMI)
- Human Immunodeficiency Virus (HIV) screening and counseling; as well as the necessary services for adults and adolescents at high risk of HIV acquisition who are prescribed pre-exposure prophylaxis (PrEP)
- Lung cancer screening for those ages 50-80 who have a history of smoking 20 packs per year and still smoke, or quit within the past 15 years²
- Obesity: related screening and counseling³
- Prostate cancer, including digital rectal exam and prostate-specific antigen (PSA) test
- Sexually transmitted infections screening and counseling
- Tobacco use: related screening and behavioral counseling
- Tuberculosis screening
- Violence, interpersonal, and domestic: related screening and counseling

Immunizations:

- Coronavirus disease (COVID-19)
- Diphtheria, tetanus and pertussis (whooping cough)
- Hepatitis A and hepatitis B
- Human papillomavirus (HPV)
- Influenza (flu)
- Measles, mumps and rubella (MMR)
- Meningococcal (meningitis)
- Pneumococcal (pneumonia)
- Varicella (chicken pox)
- Zoster (shingles)

Women's preventive care:

- Well-woman visits
- Breast cancer, including exam, mammogram, and genetic testing for BRCA 1 and BRCA 2 when certain criteria are met⁵
- Breastfeeding: primary care intervention to promote breastfeeding support, supplies and counseling^{5,6,7,8}
- Contraceptive (birth control) counseling
- Food and Drug Administration (FDA)-approved contraceptive medical services, including sterilization, provided by a doctor
- Counseling related to chemoprevention for those with a high risk of breast cancer
- Counseling related to genetic testing for those with a family history of ovarian or breast cancer
- Human papillomavirus (HPV) screening
- Screening and counseling for interpersonal and domestic violence
- Pregnancy screenings, including gestational diabetes, hepatitis B, asymptomatic bacteriuria, Rh incompatibility, syphilis, HIV, and depression⁷
- Pelvic exam and Pap test, including screening for cervical cancer

Child preventive care

Preventive physical exams, screenings, and tests:

- Behavioral counseling to promote a healthy diet
- Blood pressure
- Cervical dysplasia screening
- Cholesterol and lipid level
- Depression screening
- Development and behavior screening
- Type 2 diabetes screening
- Hearing screening
- Height, weight, and BMI
- Hemoglobin or hematocrit (blood count)
- Lead testing
- Newborn screening
- Screening and counseling for obesity
- Skin cancer counseling for those ages 10-24 with fair skin
- Oral (dental health) assessment, when done as part of a preventive care visit
- Screening and counseling for sexually transmitted infections
- Tobacco use: related screening and behavioral counseling
- Vision screening, when done as part of a preventive care visit⁴

Immunizations:

- Chickenpox
- Coronavirus disease (COVID-19)
- Flu
- Haemophilus influenzae type b (Hib)
- Hepatitis A and hepatitis B
- Human papillomavirus (HPV)
- Meningitis
- Measles, mumps and rubella (MMR)
- Pneumonia
- Polio
- Rotavirus
- Whooping cough

Coverage for pharmacy items

Anthem covers certain over-the-counter (OTC) drugs and other pharmacy items at 100% when the member:

- Meets certain age requirements and other rules.
- Gets prescriptions from plan providers and fills them at plan pharmacies.
- Has prescriptions, even for OTC items.

Child preventive drugs and other pharmacy items (age appropriate):

- Dental fluoride varnish to prevent the tooth decay of primary teeth for children ages 0-5
- Fluoride supplements for children ages 0-6

Adult preventive drugs and other pharmacy items (age appropriate):

- Aspirin use (81mg and 325mg) for the prevention of cardiovascular disease (CVD), preeclampsia, and colorectal cancer in adults less than 70 years of age
- Tobacco-cessation products, including all FDA-approved brand-name and generic OTC and prescription products, for those ages 18 and older
- Colonoscopy prep kit (generic or OTC only) when prescribed for preventive colon screening
- Generic low-to-moderate dose statins for members that are 40-75 years and have one or more CVD risk factors (dyslipidemia, diabetes, hypertension, or smoking)
- Pre-exposure prophylaxis (PrEP) for the prevention of HIV and the required services for adult and adolescents at high risk of HIV acquisition

Women's preventive drugs and other pharmacy items (age appropriate):

- Contraceptives, including generic prescription drugs, and OTC items like female condoms and spermicides⁷
- Folic acid for women ages 55 or younger who are planning and able to become pregnant
- Low-dose aspirin (81mg) for pregnant women who are at increased risk of preeclampsia
- Breast cancer risk-reducing medications, such as tamoxifen, raloxifene, and aromatase inhibitors, that follow the U.S. Preventive Services Task Force criteria²

1 The range of preventive care services covered at no cost share when provided by plan doctors is designed to meet state and federal requirements. The Department of Health and Human Services decided which services to include for full coverage based on U.S. Preventive Services Task Force A and B recommendations, the Advisory Committee on Immunization Practices (ACIP) of the Centers for Disease Control and Prevention (CDC), and certain guidelines for infants, children, adolescents and women supported by Health Resources and Services Administration (HRSA) Guidelines. Members may have additional coverage under their health plan. Providers should verify eligibility and benefits for all members.

2 Preapproval may be required for these services.

3 The Centers for Disease Control and Prevention (CDC)-recognized diabetes prevention programs are available for overweight or obese adults with abnormal blood glucose or who have abnormal CVD risk factors.

4 Some plans cover additional vision services. Providers should verify eligibility and benefits for all members.

5 Providers should check medical policy for details.

6 Breast pumps and supplies must be purchased from in-network medical/DME providers for 100% coverage.

7 This benefit also applies to those younger than age 19. A cost share may apply for other prescription contraceptives, based on the member's drug benefits. The member's cost share may be waived if their doctor decides that using the multisource brand or brand name is medically necessary.

8 Counseling services for breastfeeding (lactation) can be provided or supported by an in-network doctor or hospital provider, such as a pediatrician, ob-gyn, or family medicine doctor, and hospitals with no member cost share (deductible, copay, or coinsurance).

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