



# Mental Health Resources

Help is available when you need it



Push **0** for 'billing'  
to expedite wait time

**614-425-2310**

## New Perspective Counseling

Appointments within 48 hours, for you, your spouse, and dependents. \$20 copay with County insurance, may use alternative insurance, or self-pay.

*New for 2026!*

## Anthem Insurance

The link provides mental health tips. Click the **Find Care** button or select **≡ Find Care** to register/log in and find a local provider. \$20 copay for appointments. *Call 855-603-7982*

Click  
or  
Scan



## Employee Assistance Program

All employees and household members get **5 FREE sessions** (virtual or in-person) through ComPsych. Log in using **Web ID: EAPCEB**, **Company Name: Delaw** or **Call 877-327-4452**

Click  
or  
Scan



## Emergencies



**911**

Dispatchers can have emergency personnel immediately respond to your location.

**988**

Suicide and Crisis Lifeline. Call or text 24 hours a day for free, confidential guidance.

**211**

Helpline – 24 hour crisis hotline that can connect you with local resources.

**740-833-2114**

Please contact Laura Hatcher, Safety Coordinator, with any additional questions.